

## Discussion Starters/ Reflection Ideas/ Activities

- According to Dr. Martin Luther King, Jr., life's most persistent question is, "What are you doing for others?" Search your soul and then write an honest answer in your journal.
- *Listen and learn from a guest speaker:* Ask your teacher to contact the TCDSB Safe Schools Dept. to send a facilitator to come to your class to talk about the process of Restorative Justice Circles which is currently being used in our schools to help promote peace, justice and used to strengthen /rebuild community.
- Devote one of your meals together, or an hour after dinner, to a "Week in Review." Talk about what is happening in the world, especially politically and economically.
- Decide on one action you can take as a class or a school in response to the state of the world — prayers, letters to newspapers and magazines, letters to your elected representatives, petitions, contributions, etc.
- Try to consume less so that there will be more available for others.
- Identity an injustice that troubles you. What emotion first made you aware of it? Then talk about one action you can take to combat it.
- Do you think that all people are born with a yearning for justice or does it have to be taught?

