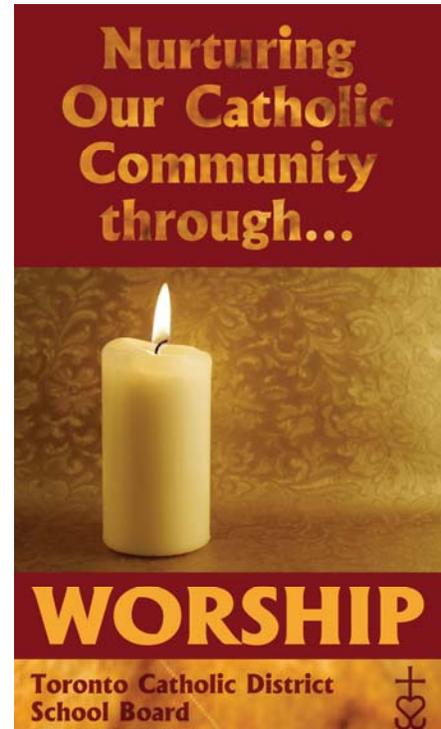


Literature Resources and Excerpts

- The Editors of [*Random Acts of Kindness*](#) share brief stories about those who have received or witnessed acts of kindness.
- [Being Generous](#)
Theodore Roosevelt Malloch
A thoughtful meditation on the spiritual meanings of generosity.
- [The Kindness Handbook](#)
Sharon Salzberg
A warm and salutary guidebook on the spiritual practice of kindness.
- [The Power of Kindness](#)
Piero Ferrucci
A rich and rounded exploration of kindness and eighteen different dimensions of it.
- [Walk in a Relaxed Manner](#)
Joyce Rupp
An account that adds immeasurably to our appreciation and understanding of the spiritual practice of pilgrimage.
- [Invisible Acts of Power](#)
Caroline Myss
A timely work on the ways in which we use our energy and the immense benefits that accrue from generosity, kindness, and compassion.
- [The Ecstasies of St. Francis](#)
John Ryan Haule
Explores this saint's many spiritual practices, including the practice of poverty.



Film Resources

All creation is interrelated. Charity allows us to see how we are connected to others through time and space. We have a responsibility to nurture and support those around us. The following films reflect the belief that charity emanates from a deep sense of solidarity and connection even with people we don't know personally. It is about being open to fostering new relationships outside those with which we normally connect. Charity leads to action.

- [Hotel for Dogs](#)
Thor Freudenthal
A fetching and funny family film with special appeal to dog lovers.
- "One is glad to be of service" is the mantra of an android whose 200-year quest is to achieve full humanity. ([Bicentennial Man](#))
- [Lost in Translation](#) revolves around two Americans in Japan who turn out to be kindred spirits. Despite a big age difference, they manage to connect with each other in ways that are meaningful for both of them.
- [Robin Hood](#)
Ridley Scott
A rousing and well-acted screen interpretation of the back-story of Robin Hood before he became a heroic outlaw and champion of the poor.
- [Flipper](#)
Alan Shapiro
Affirms the ties that bind us with animals.