

June Virtue: Faithfulness

Overview of the Virtue of Faithfulness

In the broad scope of spiritual life, we see faith not as something you have but as something you are in — a relationship. Practicing faith, then, is like developing any relationship. You have to give it time and attention. It requires you to see, hear, feel, and constantly remember your partner — God. Faithfulness and devotion is not ideally something that should be “practiced” only once a week, just on religious holidays, or only in response to a particular event in your life. Special devotions may certainly be called for at those times, but as a spiritual practice, faithfulness needs to be part of your daily routine. A faithful life is one lived in the presence of God. It involves an awareness of God's presence in our everyday experiences. Faithfulness occurs when we allow Jesus to live in us and help transform our lives.

Words synonymous with faithfulness are: loyal, true, constant, fast, steadfast, and staunch. These adjectives mean adhering firmly and devotedly to someone or something, such as a person, cause, or duty that elicits or demands one's fidelity.

