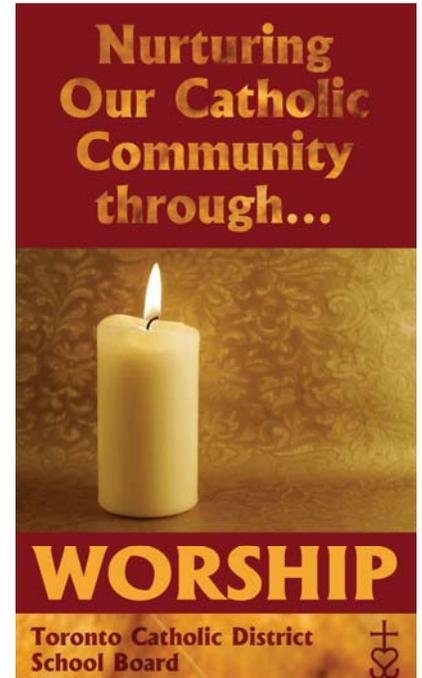


## Scripture Quotes on the Virtue of Gratitude

- ❖ This is the day the Lord has made. Let us rejoice and be glad. (Psalm 118: 24)
- ❖ Matthew 18 The Pharisee and the Tax Collector
- ❖ Luke 17:11-19 Ten Lepers
- ❖ Never worry about anything; but tell God all your desires of every kind in prayer and petition shot through with gratitude. (Philippians 4: 6)



## General Quotes on the Virtue of Gratitude

- ❖ “Gratitude is here presented as more than a feeling, a virtue, or an experience; gratitude emerges as an attitude we can freely choose in order to create a better life for ourselves and for others. The Nigerian Hausa put it this way: *Give thanks for a little and you will find a lot.*”  
— David Steindl-Rast quoted in *Words of Gratitude* by Robert A. Emmons and Joanna Hill
- ❖ “To be grateful is to recognize the Love of God in everything given us — and God has given us everything. Every breath we draw is a gift of God’s love, every moment of existence is a grace, for it brings with it immense graces. Gratitude therefore takes nothing for granted, is never unresponsive, and is constantly awakening to new wonder and to praise of the goodness of God. For the grateful person knows that God is good, not by hearsay but by experience. And that is what makes all the difference.”  
— Thomas Merton quoted in *Words of Gratitude* by Robert A. Emmons and Joanna Hill

- ❖ “Look closely and you will find that people are happy because they are grateful. The opposite of gratefulness is just taking everything for granted.”  
— David Steindl-Rast in *The Music of Silence*
  
- ❖ “Joy is the simplest form of gratitude.”  
— Karl Barth in *Joy* by Beverly Elaine Eanes
  
- ❖ “*Think of something for which you are grateful today. Say thanks.*  
I am grateful to You, Giver and Sustainer of life, for having granted me another day of life. Your love and faith in me is truly overwhelming.”  
— Rabbi Terry Bookman in *The Busy Soul*
  
- ❖ “If the only word you ever say is thank you, that is enough.” Dominican mystic – Meister Eckhart