

Virtues: Faith and Character Development

GRATITUDE

Quotes:

If the only prayer you say in life is thank you – it is enough. **Meister Eckhart**

Enter into God's gates with thanksgiving, and into his courts with praise;"
Psalm 100:4, 5a

Return thanks for what God has bestowed on us. – **St. Alphonsus Liguori**

Scripture Readings:

Psalm 136

Give thanks to the Lord, for he is good, for his steadfast love endures forever.
O give thanks to the God of gods, for his steadfast love endures forever.
O give thanks to the Lord of lords, for his steadfast love endures forever;
who alone does great wonders,
for his steadfast love endures forever;
who by understanding made the heavens, for his steadfast love endures forever;
who spread out the earth on the waters, for his steadfast love endures forever;
who made the great lights,
for his steadfast love endures forever;
the sun to rule over the day, for his steadfast love endures forever;
the moon and stars to rule over the night, for his steadfast love endures forever;

Colossians 3:12-17

As God's chosen ones, holy and beloved, clothe yourselves with compassion, kindness, humility, meekness, and patience. Bear with one another and, if anyone has a complaint against another, forgive each other; just as the Lord has forgiven you, so you also must forgive. Above all, clothe yourselves with love, which binds everything together in perfect harmony. And let the peace of Christ rule in your hearts, to which indeed you were called in the one body. And be thankful. Let the word of Christ dwell in you richly; teach and admonish one another in all wisdom; and with gratitude in your hearts sing psalms, hymns, and spiritual songs to God. And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

Luke 17: 11 – 19

On the way to Jerusalem Jesus F154 was going through the region between Samaria and Galilee. As he entered a village, ten lepers approached him. Keeping their distance, *I*they called out, saying, "Jesus, Master, have mercy on us!" When he saw them, he said to them, "Go and show yourselves to the priests." And as they went, they were made clean. Then one of them, when he saw that he was healed, turned back, praising God with a loud voice. He prostrated himself at Jesus' F156 feet and thanked him. And he was a Samaritan. Then Jesus asked, "Were not ten made clean? But the other nine, where are they? Was none of them found to return and give praise to God except this foreigner?" Then he said to him, "Get up and go on your way; your faith has made you well."

A Prayer of Thanks

- adapted from Fully Alive Grade 2

Dear God, we thank you for our lives
We thank you for making each one of us a unique person
We thank you for each other
We thank you for the many gifts you have given us
Help us to see the gifts of other people
Help us to share our gifts with each other
Help us to care for each other the way you care for us.
Dear God we thank you for our lives.

