How To Show Compassion

Quote of the month
“Jesus saw her weeping...his heart was touched, and he was deeply moved.”
John 11:33

Criteria for choosing student of the month in your class AND for the “Gotchas”:

1. Try to show compassion by thinking about how your words make people feel.
   • Think before you speak.
   • Your words have power.

2. Try to show compassion by thinking about how your actions make people feel.
   • The Golden Rule (“Do to others as you would have them do to you” Matthew 7:12) should always guide you.
   • Actions often speak louder than words.

3. Try to show compassion by understanding WHY someone is acting the way he/she does.
   • You never REALLY know what it’s like to be in someone else’s shoes.
   • Instead of reacting to people’s moods, make an effort to understand people’s moods.

4. Try to show compassion by being considerate to other people.
   • When you do things to help others, everyone feels better.
   • Simple acts of kindness can be greatly appreciated by people.
Further comments for Faith and Character Development Education:
• Consider highlighting the virtues of your spring concert.
• If any students write journals from the calendar of activities, consider placing them in your newsletter.
• Consider having a student of the month bulletin board that highlights those who best show the virtues.

Skit 1 – Power of Words
Someone doesn’t make the cross country team and other students make fun of him/her.

Skit 2 – Power of actions
Students talk about God being inside of everyone in class, however when they go outside, they get into a fight and others are chanting “Fight, fight, fight”. Why?

Skit 3 – Empathy
A student just found out that he/she didn’t win the chocolate prize he/she wanted and becomes grouchy. The class thinks he/she is being rude.

Skit 4 – Consideration
Friend doesn’t have a lunch OR Inquiring how someone is doing.