Angel Foundation for Learning

The Angel Foundation for Learning is the charitable organization that serves the needs of students of the Toronto Catholic District School Board. Through the generosity and compassion of their donors, they support vulnerable students by nurturing their body, mind and soul through nutritional, educational and spiritual programs.

The Angel Foundation for Learning aims to ensure that all TCDSB students are equally able to participate in opportunities that sustain and enhance the educational process including: student nutrition programs, class trips, leadership activities, bursaries and funding for social work emergency needs, for instance: eyeglasses, hearing aids, food vouchers and other essentials for TCDSB students in need.

Angel Foundation website: http://www.angelfoundationforlearning.org/
**Carmelite Sisters Day Nursery**

Child care services and programs offered to children.

Located at: 108 Harrison St, Toronto, Ontario (at Ossington and Dundas)

Call to volunteer your services: 416-536-5313

**Get Involved and Make A Difference!**

Plan food drives during off seasons i.e. before summer vacation

“Skipping for Hope” organize skip-a-thon with donations of non-perishable food

Donation week: students bring in given coins for each day of the week: Mon 0.01, Tuesday 0.05 Wednesday 0.10, Thursday 0.25 Friday 1.00

Babysitting for: CSAC, School functions, Church events, Neighbours, a new mom in the neighbourhood or at church

Participate - The people who organize events always worry that no one will take part. That ugly sweater contest or bake-off needs you!

**Simple Everyday Acts of Kindness**

**Smile at Strangers**

Did you realize that you wear Charity on your face? Smile at 5 strangers today! A sincere smile can really make a positive difference in someone’s day. Without saying a word you are letting that person know that you see them and that they matter.

People appreciate being noticed and acknowledged! As Plato once said, “Be kind, for everyone you meet is fighting a hard battle.” Encourage five strangers today by giving them each a smile! A smile is a really kind and easy way to make others feel good about themselves. It can be done quickly and without any preparation or effort, but leaves a lasting impression. Plus, it will make you feel happier too!
Use a Reusable Water Bottle

Reducing the use of disposable bottles is an easy way for everyone to help the environment. It reduces waste, pollution and the depletion of resources. It is also much better for our bodies to drink water out of reusable bottles that don’t leech harmful toxins. Encourage your friends, family and coworkers to use reusable water bottles. You could also create a challenge at work or school to see who can go the longest without using a disposable water bottle. Take it one step further and challenge businesses, government offices, and schools to completely eliminate the use of disposable water bottles.

Respond timely – Even if you have to say, “Hey, just wanted to let you know I got your email and I’ll get right back to you.” People like to know they’re not being ignored.

Don’t let your friends (or co-workers or acquaintances) be alone on the holidays

Listen to someone’s life story - Yes, the whole thing

Be friendly on public transportation

Keep your bad attitude to yourself

Be happy for others

Be super enthusiastic when people have good news!