Gratitude Discussion Starters

It is said that the secret to happiness is to have gratitude? Agree? Disagree? Why?

What are you thankful for? What should we most be thankful for?

Who are you thankful to in your school, parish and at home? Who is a person everyone should be thankful for?

Make a list of ten things you are grateful for; Why are you thankful for these things?

Make a list of ten people you are grateful to (include people from your home, school and parish? Why are you grateful to these people?

A Woman Healed
“Now there was a woman who had been suffering from hemorrhages for twelve years; and though she had spent all she had on physicians, no one could cure her. She came up behind him and touched the fringe of his clothes, and immediately her hemorrhage stopped. Then Jesus asked, "Who touched me?" When all denied it, Peter said, "Master, the crowds surround you and press in on you." But Jesus said, "Someone touched me; for I noticed that power had gone out from me." When the woman saw that she could not remain hidden, she came in trembling; and falling down before him, she declared in the presence of all the people why she had touched him, and how she had been immediately healed. He said to her, "Daughter, your faith has made you well; go in peace." (Luke 8: 40-48)

• How do you reach out to Jesus in your role as a Catholic educator?
• Who is reaching out to you in faith?
• What have been some of your responses?