



Love - Prayers and Affirmations

When you thought I wasn't looking,
I saw you hang my first painting on the refrigerator,
And I wanted to paint another one.
When you thought I wasn't looking, I saw you feed a stray cat,
And I thought it was good to be kind to animals.
When you thought I wasn't looking, I saw you make a favourite cake for me,
And I knew that little things are special things.
When you thought I wasn't looking, I saw you say a prayer,
And I believed there is a God who I could always talk to.
When you thought I wasn't looking, I felt you kiss me goodnight,
And I felt loved.
When you thought I wasn't looking, I saw tears come from your eyes,
And I learned that sometimes things hurt, But it's alright to cry.
When you thought I wasn't looking, I saw you cared
And I wanted to be everything I could be.
When you thought I wasn't looking,
I looked and wanted to say thanks
For all the things I saw
When you thought I wasn't looking.

--from William Baush A World of Stories

Prayer for a Friend

Lord Jesus Christ,
while on earth you had close and devoted
friends, such as John. Lazarus, Martha and Mary.
You showed in this way that friendship
is one of life's great blessings.
Thank you for the friends that you have given me
to love me in spite of my failures and
weaknesses,
and to enrich my life after your example.
Let me ever behave toward them
as you behaved toward your friends.

Bind us close together in you and enable us
to help one another on our earthly journey.

Amen.



Lord, grant me the strength, the courage, the patience, and the humility I need to help my friend. Let me love selflessly by Your supreme example. Holy Spirit, fill me with Your grace so that my words become Yours. Thank You for being my support and comfort so that I may support and comfort my friend. **Amen**

-Now and Forever: The Catholic University of America Student Prayer Book. (2007)

May you be blessed with good friends. May you learn to be a good friend to yourself. May you be able to journey to that place in your soul where there is great warmth, feeling and forgiveness. May this change you. May it transfigure that which is negative, distant and cold within you. May you be brought into the real passion, kinship and affinity of belonging. May you treasure your friends. May you be good to them and may you be there for them; May they bring you all the blessings, challenges, truth, and light that you need for the journey. May you never be isolated. May you always be in the gentle nest of belonging with anam cara, your soul mate.

—John O' Donohue Anam Cara

Intentions

That an awareness of God's love will help us to bring an attitude of love to the whole of our existence. We pray to You, Lord. **Response: Lord, hear our prayer**

That as we move through the school year, we will allow our love of learning, and the love in our community to expand and flourish. We pray to You, Lord. **Response Lord, hear our prayer**

Affirmations:

I care about and respect my 'family' at school, at Church, in the community, and the world

I love God, myself and my family

I care about and respect God's creation and everything

