

Get Involved and Make A Difference!

**THINKfast** is a 25-hour educational and fundraising fast. It's a fun way for youth and young adults to learn and to help our partners in the Global South who are championing solutions to unjust social, political and economic structures. Participants collect pledges for each hour they plan to fast. The money raised funds the work of DEVELOPMENT AND PEACE partners in Africa, Asia and Latin America.

*Young people learning and making a difference, together.*

Through their pledges and their fasts, the participants show their support for DEVELOPMENT AND PEACE partners in the Global South. In preparation for THINKfast, they approach family members, friends and neighbors to ask for pledges of a predetermined amount. The donations are collected by the participants and sent in by the DEVELOPMENT AND PEACE organizer.

The donations fund the work of our partners in the Global South and our education work in Canada.

**Other ideas:**

- Me to We cookie sales
- “Staff volunteer/ Day of Service for Staff” day of reflections
- Guess the baby photo contest – proceeds to ShareLife.
- Reading buddies (guardian angels) Grade 7/8 to younger students.
- Tutoring program/Big brothers/Sisters during lunch