Reflection Inspired by the Faith of Dorothy Day:

“We have all known the long loneliness and we have learned that the only solution is love and that love comes with community.”

**Soup Bowls**

I have had to stop myself sometimes.

I have found myself rushing from one person to another

Soup bowls and more soup bowls,

Plates of bread and more plates of bread,

With the gratitude of the poor

Like a loud din in my ears.

Then I realized that this is dangerous work.

To want to help people is a grave temptation.

Maybe we are just helping ourselves by helping others.

This is a long loneliness.

-Mary Malone