



Health & Wellness Symposium

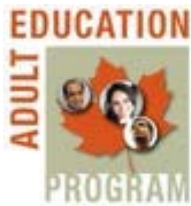
Asian Heritage Month (Chinese)



Walking With You
Cancer Caring Group

All workshops will be conducted in Cantonese.

10:00 - 11:00	Dr. E Lin, Gastroenterologist	Hepatitis & Liver Cancer
11:20 - 12:20	Ms. M. Cheng, Community Nurse	Pelvic Health
12:30 - 1:30	Dr. J Kwok Family Doctor	Tai Chi Performance
1:45 - 2:45	Dr. C M Chow Cardiologist	Healthy Heart
2:55 - 3:55	Dr. J Kwok Family Doctor	Demystifying Breast Cancer
4:00 - 5:00	Mr. C Fu, Registered Physiotherapist	Stretching Exercise



天主教中華殉道聖人堂



金水仙基金會

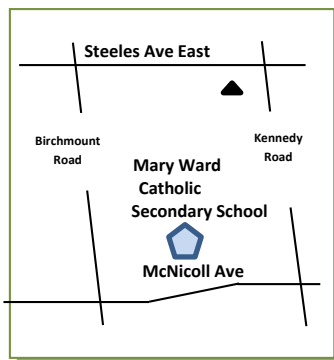


Features: Hepatitis Virus Testing, Various Health Tests, etc.

Lucky Draw!

Free of Charge! Free Parking!

Booth Displays until 3 PM



Date: Saturday June 8, 2019

Time: 10 am – 5 pm

**Address: Mary Ward Catholic Secondary School
3200 Kennedy Road, Scarborough, ON
(Kennedy Road & McNicoll Avenue)**

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