



1 in 4

Children may
have a problem
with their vision

**Help your child to succeed at school
and schedule a free comprehensive
eye exam with an optometrist.**

Visit [optom.on.ca](https://www.optom.on.ca) to find one near you.

- Identifying and treating vision problems in children early will give them the best start for learning.
- Optometrists recommend that every young child completes an eye exam at ages 6 months, 2-3 years and every year thereafter.
- Yearly eye exams are covered by an Ontario Health Card for children and youth until they turn 20.
- Children may not know they have a vision problem. They assume that everyone sees the way they do.
- Children in JK can get a free pair of glasses through the Eye See, Eye Learn Program. Visit optom.on.ca/OAO/ESEL/AboutESEL.aspx to find a participating optometrist near you.

For more information visit toronto.ca or call Toronto Health Connection 416-338-7600.