

“I felt I was treated like a colleague, not a student, during my co-op at the city’s fire department. The knowledge I gained was unlike anything I have learned from a textbook.”
–Bryan P.



- BUILD YOUR SKILLS
- GET HANDS-ON WORK EXPERIENCE
- EARN CREDITS TOWARDS YOUR DIPLOMA
- CONFIRM YOUR POST SECONDARY CAREER CHOICE BEFORE YOU START UNIVERISTY OR COLLEGE
- START YOUR APPRENTICESHIP WHILE STILL IN HIGH SCHOOL

“My placement in the hotel’s conference planning department gave me so many opportunities to experience what the hospitality industry is all about. I am more confident about the career choice I have made and the college program I enrolled in next year.”
–Miranda S.

NEED MORE INFORMATION?

Contact the Guidance Department or the Cooperative Education Office in your school OR the Toronto Catholic District School Board Guidance and Cooperative Education Department (Tel.: 416.222.8282 Ext. 2519)



WHY TAKE CO-OP?



TAKE YOUR FUTURE CAREER FOR A TEST DRIVE

Experience the job and determine if your career choice is right for you!



CUSTOMIZE YOUR EDUCATION!

DID YOU KNOW YOU CAN COUNT UP TO TWO COOPERATIVE EDUCATION CREDITS TOWARDS THE 18 COMPULSORY CREDITS NEEDED FOR A HIGH SCHOOL DIPLOMA?

- Co-op education plays an important role in Ontario Youth Apprenticeship Programs, Specialist High Skills Majors (SHSM), Fast Forward Programs, and in your post secondary planning

DID YOU KNOW YOU CAN TAKE ONE TO FOUR CREDITS THROUGH CO-OP IN ANY GIVEN SEMESTER?

- See your co-op teacher, guidance counsellor, or student success teacher to talk about how co-op can help you meet your goals and save time and money!



WHY TAKE CO-OP?

TEST-DRIVE A CAREER

Do the job and get a chance to see if your career choice is really what you want before choosing your post secondary destination.

BUILD YOUR SKILLS

Work one-on-one with a placement supervisor in a program designed to meet your interests, needs and strengths.

GET HANDS-ON WORK EXPERIENCE

Overcome the problem of “no job without experience and no experience without a job”. Put real work experience on your resume.

PLAN FOR COOPERATIVE EDUCATION

- Register for Cooperative Education programs in grade 11 and/or 12 or when you have reached age 16
- Have co-op on your schedule for two, three or four periods per day
- Combine co-op with a dual credit course to test drive a career and earn college credits at the same time
- Combine co-op with an Accelerated OYAP program and work towards receiving your level one apprenticeship certification
- Take co-op as part of a packaged program that builds your employability skills
- Consider taking co-op through Continuing Education in night school or summer school



CENTRAL COOPERATIVE EDUCATION PLACEMENTS

Learn how you can apply and interview for placements with the following partners:

- Hospitals
- Police Services
- Toronto Fire Services
- Army Reserve
- Rogers TV
- 12 Accelerated Ontario Youth Apprenticeship Programs

(*Note the process for these placements is competitive and involves students from coterminous school boards)