

LOOKING AHEAD to 2019 - 2021 - MENTAL HEALTH

DATA ANALYSIS	SMART GOALS & TARGETS	EVIDENCE BASED STRATEGIES	MONITORING
<p>Student Voice survey ✓ Teacher Voice survey Administrator Voice survey Feedback Forms Mental Health Initiatives Mental Health Professionals</p> <p>Areas for Growth:</p> <p>Increase students' social-emotional competency</p> <p>Student Mental Health and Well-Being initiative in Elementary</p> <p>Inquiry-based professional learning and teacher involvement</p> <p>Staff well-being</p>	<p>Student Engagement and Well-Being</p> <p>By June 2021, there will be an increase in positive responses regarding students' self-image or social-emotional competency (based on a range of questions): Elementary – maintain positive range (78% to 88%) Secondary – from 71% - 83% range to 75% to 85% range</p> <p>By June 2021, there will be an increase in "Stop the Stigma" Mental Health and Well-being initiatives from 54 to 80 elementary schools</p>	<ul style="list-style-type: none"> • Implement the Student Mental Health & Well-Being Strategic plan and "Faith & Wellness" resource from School Mental Health Ontario in partnership with OECTA. • Promote the integration of Student Well-being within schools' existing teams to ensure cohesive implementation of Student Mental Health and Well-Being Strategy. • Increase awareness and use of classroom strategies to support mental health and well-being for all TCDSB students by implementing "Supporting Minds" PD series for educators K-12. • Promote implementation of social-emotional programs in classrooms. • Implement a Staff Well-Being Committee with representatives from all 14 Employee groups. • The Staff Well-Being Committee will develop a Staff Well-Being Strategic Plan that is informed by the results of the Workforce Census data. • Build the foundational conditions necessary for the successful implementation of the Staff Well-Being Strategic Plan. • Launch targeted Staff Well-Being campaigns to promote personal resiliency and healthy/respectful work environments. 	<p>Central staff will:</p> <ul style="list-style-type: none"> • Track elementary and secondary Student Voice survey regarding sense of self • Monitor progress and implementation of the Student Mental Health and Well-Being Strategy using the elementary and secondary Student Voice surveys regarding engagement and well-being <p>Field Superintendents will:</p> <ul style="list-style-type: none"> • Monitor progress in the integration of Student Well-Being as part of schools' existing teams to ensure implementation of Student Mental Health & Well-Being Strategy.
	<p>Professional Learning, Collaboration and Engagement</p>		
	<p>By June 2021, there will be an increase in positive responses regarding staff well-being:</p> <p>Workforce Census – 2019-2020 Baseline</p>		