



# LENT

## Pope Francis Catholic School

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# March 2021

| Sun.               | Mon.   | Tue.   | Wed.  | Thu.  | Fri.  | Sat. |
|--------------------|--|--|---|---|---|------|
| 28                 | 1  | 2  | 3   | 4   | 5   | 6    |
| 7                  | 8  | 9  | 10<br>Unhappy Birthday<br>COVID 19<br>Parent information<br>session 6pm   | 11  | 12  | 13   |
| 14                 | 15<br>Twin Day<br><br>Dress the same as<br>someone else | 16<br>Jersey Day<br><br>Wear your<br>favourite jersey | 17<br>St. Patrick's Day<br><br>Wear Green and<br>White | 18<br>Funny Hat Day<br><br>Wear a funny hat or<br>any hat | 19<br>Dress Down Day<br><br>Wear your regular<br>clothes | 20   |
| Winter Spirit Week |  |  |   |   |   |      |
| 21                 | 22   | 23   | 24  | 25  | 26  | 27   |
| 28                 | 29   | 30   | 31<br>Virtue Assembly   | 1   | 2<br>Good Friday<br>No School   | 4    |

notes

Kindergarten Registration <https://soar.tcdsb.org/Login.aspx>

Be aware that all events at the school are subject to change

# UnHappy Birthday COVID-19

Dear Parents,

It has almost been one year since COVID-19 has impacted our lives and our children have been learning at home. During this time, we have continued to be mothers, fathers, and guardians of our loved ones, while also learning to become teachers, social workers, and guidance counselors. While we have cherished all the precious time we have had with our children, our concern for their safety and well-being still exists. This year has tested their resilience and ours.

Please join the Pope Francis Catholic School community as experts from across Toronto share with us what we have learned in the last year about COVID 19. Learn about tools to help your family cope with home-schooling, and answer all the questions you still have. Parents and families outside of the Pope Francis School community are welcomed!

Click [here](#) or on the flyer to [register by March 5th 2021](#), and don't forget to enter your questions in the registration. For those of you who can't attend but are interested don't worry! We will be recording the session and having it available for future viewing on the Pope Francis School website.

**POPE FRANCIS CATHOLIC SCHOOL PRESENTS**

**WN HAPPY BIRTHDAY COVID:**  
Lessons Learned, Questions Unanswered

**Wed March 10<sup>th</sup> 2021 6-7 pm EST**  
**ZOOM Registration:**  
[https://zoom.us/webinar/register/WN\\_J5gyQLjCtm6\\_47AVsJDeyg](https://zoom.us/webinar/register/WN_J5gyQLjCtm6_47AVsJDeyg)

**CALLING ALL PARENTS! ARE YOU LOOKING FOR:**

- ✓ Ways to prevent feelings of isolation?
- ✓ Help on juggling work and school at home?
- ✓ Answers on your child's well-being from child health experts?

**THE WAIT IS OVER!**  
Sign up for this free session and submit your questions in advance. Listen to our panel of experts answer your questions and provide you with tools to help improve the well-being of your kids & family!

**POPE FRANCIS TIMBERWOLVES**

**Toronto Catholic District School Board**

**Toronto Public Health**  
COVID-19 School Response Team  
Toronto Public Health

**Melissa Hanlon MSW, RSW,**  
Mental Health Lead  
Toronto Catholic District School Board

**Alice Charach, MD, MSc, FRCPC**  
Medical Director, Child & Youth Acute Care Collaborative  
Psychiatrist & Project Investigator, SickKids  
Associate Professor, University of Toronto

**Catherine Birken, MD, M.Sc., FRCPC**  
Paediatrician & Senior Scientist, SickKids  
Professor, University of Toronto  
Co-Principal Investigator, TARGetKids!

**Ontario** Ministry of Health and Long-Term Care  
**CIHR IRSC**  
**SickKids**  
**UNIVERSITY OF TORONTO**  
**TARGetKids!** The Applied Research Group