

ATHLETE OF THE WEEK – January 5th to January 9th

ANNETTE KOWARA



Annette Kowara is a Grade 10 student-athlete and the starting middle for your Michael Power/St. Joseph Trojans Senior Girls' Volleyball Team. Annette has helped the Senior Girls' solidify their middle position with a strong work ethic and intelligent play at the net.

In grade nine, despite suffering a major injury early on in the season, Annette was able to battle her way back on to the court to help the Junior Girls' Volleyball Team win the TDCAA "AAAA" championship for MPSJ. The future looks very bright for Power Volleyball.

Outside of school, Annette plays right-side for the 16U Pakmen Volleyball Club. Annette also plays beach volleyball in the summer. She and her partner, Tristan, won the national beach 15U gold medal. MPSJ is lucky to have such a dedicated student athlete! Best of luck on the remainder of your sport season.