



Mother Cabrini Catholic School

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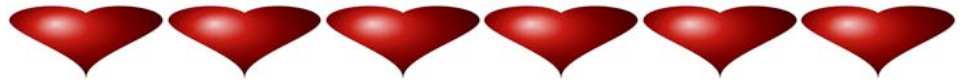
Parish: Nativity of Our Lord Church
480 Rathburn Road
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Pastor: Fr. Michael Machacek

TORONTO CATHOLIC DISTRICT SCHOOL BOARD TRUSTEES 2014-2015

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Catch the spirit!



FEBRUARY NEWSLETTER 2015

Dear Parent(s)/Guardian(s),

The end of January marks the half-way point of the school year. Although colder winter temperatures have limited outdoor play for students, they have still enjoyed fitness related activities. The grade four students had 3 opportunities to learn how to swim through the swim to survive program. The Mother Cabrini Swim team has been training weekly for our upcoming swim meet in March. Other opportunities for fitness included our Junior boys and girls having the opportunity to participate in the soccer season with other schools in our region. Under the direction of Mrs. Da Silva, the boys participated well with exciting games at the tournament and the girls participated well and captured a pennant as tournament winners for Mother Cabrini! Our appreciation is extended to all the parents that helped transport students as well as watching and cheering our teams on! The end of the month culminated with our New Year's school mass with Father Michael. It is always wonderful when Father Michael comes to Mother Cabrini to celebrate mass with us. As a faith community the warmth of our gathering helps to inspire and remind us how important it is to pray together!

The virtue for the month of February is love. Recently we received two special letters for our school that exemplify that Mother Cabrini is a community rooted in love. The Letters express appreciation from the Terry Fox Foundation and the St. Vincent de Paul Society for our schools contributions to school outreach (see copies included in the newsletter).

We are looking forward to embarking upon second term. We have many learning opportunities planned for the month of February. Highlights include;

- French Carnival Presentation (see newsletter)
- Boys' Basketball Tournament
- Junior W5H Tournament
- Valentine's Dress Down Day and grade 6, 7, 8 Valentine Dance
- Skiing and Skating
- Primary Co-Operative games in the gym-Monday, Tuesday, Wednesday-am and pm recess

First term reports go home February 10 and parent/teacher conferences are scheduled the evening of February 12 and the morning of February 13. We look forward to discussing your child's progress.

We are also looking forward to our annual Pancake Tuesday sponsored by CSAC. Please join us for our CSAC meeting on February 2. As well, Father Michael will help us start the Lenten Season on Ash Wednesday with the distribution of ashes. Check our monthly calendar for a list of school events. The highlight for the end of the month will be our Multicultural Night held on February 27. We are hoping to see everyone and enjoying a great meal together!

Happy Family Day,

J. Di Vittorio
Principal

Prayer

Act of Love



O My God, I love you above all things,
With my whole heart and soul,
Because you are all-good and worthy of all love.
I love my neighbor as myself for the love of you.
I forgive all who have injured me,
And ask pardon of all whom I have injured.
Amen.

Mother Cabrini Website-Portal

Visit our website for up to date information.

Access website at:

<http://mothercabrini.tcdsb.org>

or www.tcdsb.org –log into Mother Cabrini on directory features include;

- Weekly Newsflash-weekly events-sports practices etc.
- Academics-classroom monthly curriculum updates
- Twitter account-Mother Cabrini twitter feeds
- Monthly calendars and newsletters
- CSAC-agenda and minutes of meetings



Follow us on Twitter

@Mother_Cabrini

Or on the portal <http://mothercabrini.tcdsb.org>

Full Day Kindergarten Updates

Registration for Junior Kindergarten is going well. With a 1 class allocation of a JK/SK (full day) and a potential SK/1 combined class we continue to accept JK registrations. Please continue to spread the word that students born in 2010 and 2011 can register for full day kindergarten. Interested families should contact the school to register.



STUDENT'S CORNER

Junior Girls Soccer

The Junior Girls' soccer tournament was a blast and we had a thrilling day. The surprises kept on coming! We were tied for first for most of the tournament but then got bumped down to second and were tied with St. Marcellus for second place. Then we heard that we would be playing in the finals and when it came down to game time, the girls' soccer team came through and placed first with a score of 2-0. We thank everyone that helped us

accomplish this especially our coaches Mrs. Da Silva, Joseph M. and Shaun R.

Junior Girls Indoor Soccer Team: Gabrielle N., Elyze G., Francesca M., Shannon N., Breanna S., Avery C., Paige C., Hailey W., Theresa K. and Samantha E.

Written by: *Shannon N., Avery C. and Francesca M.*



Boys Soccer

The Junior Boys' soccer team played hard and well against all the teams at the tournament. We had fun and everyone showed great sportsmanship throughout all the games. We would like to thank our coaches Mrs. Da Silva, Joseph M. and Shaun R., for all their hard-work and dedication at all of our practices. Even though we didn't make it to the finals, we played amazingly.

Junior Boys Indoor Soccer Team: Simon, Anthony, Ilija, Zack, Brandon, Loden, Jake, Adrian, David and Charlie.

Swim to Survive

The grade fours in Mrs. Pacheco's class are participating in the swim to survive program at the Centennial Olympium. We do summer salts into the water, swimming on our front and back, swimming with the noodle, egg beater and fun games. The reason why we are doing swim to survive is so when we are in danger, we all know how to swim. The equipment we used are flutter boards, noodles, and life jackets. The equipment we have to bring are 2 towels, swimsuit, soap, goggles, flip flops, and a hair brush. Thank you for giving us this opportunity.

Victoria and Maegan



Scientist In The School-Grade 2

We had a scientist in the classroom and we did Looking at Liquids. The first experiment was tubes and we did it with ice, salt, made freezies bigger or expand and then we went to the carpet to talk. The next experiment was temperature, and we did it with a container of ice and a container of ice and salt. Then we checked what melted faster. Next, was mixtures and we did the mixture with sugar cubes, food oil, dish soap and sand. Then we did float or sink candle and plasticine. We learned that the candle floats and plasticine doesn't. The only thing to make the plasticine float is to make it as a boat. I tried but it didn't work for me. Then we made bubble soap mixtures with corn syrup and dish soap. We went to the carpet to see if a hockey puck or orange could float. We

enjoyed Scientist Zane in the classroom.
Sofia.Ferrante



Mother Cabrini Swim Team

The Mother Cabrini Swim Team is off to a splashing start! Every Saturday the team meets at the Elm's pool, and we practice our strokes. First we warm-up with 2 laps of strokes, then tread water for two minutes before moving on to kick practice and relays! After our warm up Grades 6-8 work on their flip turns, while grades 2-5 perfect their dives. So far we look strong... like a first place team!!!! Five minutes before the practice ends we have FREE TIME! We have tons of fun using the water equipment, jumping into the pool and playing games. A special thanks to our coaches and everyone who has made this school a first place team!!

-Richard Kosztowniak and Yuriy Havrylyuk

New Year's Mass

On January 28, students from JK to grade 8 celebrated a New Year's mass at Mother Cabrini. Mrs. Da Silva's class prepared a lovely mass to celebrate the New Year. They thanked God for all His blessings in the past year and asked for His blessings in this New Year. As always, Fr. Michael delivered a beautiful homily. We sang songs of courage led by Mrs. Pratter, Mr. Amadei and the school choir. It was a wonderful opportunity for students, teachers and parents of Mother Cabrini to come together as a community and pray for a Christ-filled New Year.

Mrs. Da Silva's Grade 3 class



Carnaval

Le Carnaval de Québec

The French department at Mother Cabrini is going to celebrate the Winter Carnival this year on the 5th of February. It is going to be a whole day celebration. Mr. O'Neil's class is going to lead all the activities. The carnival starts with a parade of masks from PRK-SK till grade 3, then the students are going to gather at the gym from 9:00 to 10:00 to dance and sing with Helene Nicole Richard and le Bonhomme Carnaval, and they are going to learn about the true meaning of the Carnaval and about the French culture. Afterwards, the whole school is going

to play BINGO and drink hot chocolate. At the end students are going to watch a French movie. Happy Carnival and Mardi Gras!!!



Monthly Update from the Board February 2015



Information About School Bus Delays

Traffic congestion and varying road conditions can impact on the flow of traffic in Toronto, and this is particularly true during the winter months when snow and ice can be a major factor.

The Toronto Student Transportation Group is pleased to provide information about school bus delays digitally through their website at

<http://www.torontoschoolbus.org/>

Click on the pink bar at the top of the homepage to get a listing of any bus routes that are being impacted.

Director's Annual Report

The Annual Report for the 2013-2014 academic year has been uploaded to the board's website. You can view the interactive presentation, or simply download a pdf of the highlights.

<https://www.tcdsb.org/Board/BoardAdministration/DirectorofEducation/Pages/Annual-Report-2013-2014.aspx>

Policy Consultation Extended to February 6th

The deadline for consultation regarding the draft CSAC Policy and the draft Policy on Secondary School Admission has been extended to February 6th.

<http://www.tcdsb.org/news/othernews/2014/pages/consultation-csac-and-admissions-policies.aspx>

Budget Consultation Starting Soon

Watch for detailed information on the Board's website in February www.tcdsb.org.



Influenza (Flu)

Red, stuffy nose and sore throat?

Influenza, also known as the flu, can spread from person to person by cough or sneeze droplets. You can spread the flu to your family and friends before you show any symptoms.



The flu is not the same as a cold. Unlike the common cold, the flu can develop into more serious health problems such as pneumonia or worsening of pre-existing medical conditions (asthma, heart disease or uncontrolled diabetes).

The best way to stay healthy this season is to get your flu shot early, before mid November. It takes about two weeks for antibodies to develop in your body to protect you against the flu. Flu shots cannot give you the flu because the vaccine contains killed or weakened virus pieces.

The flu virus changes often, so you need to get a flu shot every year. It's easy and it's free. Everyone should get the flu shot. Talk to your health care provider for more information. For a free flu shot, visit [Ontario flu locator](#) for a clinic nearest you.

Flu Vaccine for Children

Flu vaccine is recommended for infants 6 months of age and over.

The National Advisory Committee on Immunization (NACI) prefers FluMist® for use in healthy children 2 to 5 years of age. FluMist® is given as a nasal spray. FluMist® is not publicly funded in Ontario, and requires a prescription. The cost is about \$30. The free flu vaccine that is given in the arm at clinics is still safe and works in children.

Have questions? Call Toronto Public Health Immunization at 416-392-1250.


Updated October 2014



FOR GOD SO LOVED THE WORLD, HE GAVE IT HIS ONLY SON.

~ JOHN 3:16 ~

- LET YOUR ACTIONS BE GUIDED BY THE IDEA THAT GOD SAYS WE SHOULD LOVE ONE ANOTHER AS HE HAS LOVED US.
- JESUS SAID WE SHOULD LOVE OUR ENEMY.
- THE BIBLE SAYS THAT LOVE IS ALWAYS PATIENT AND KIND.
- LIVE YOUR LIFE IN A WAY THAT MAKES OTHERS KNOW YOU ARE A FOLLOWER OF CHRIST.



Love

Chocolates, flowers, valentines, and red hearts, what would the month of February be without the celebration of Valentine's Day. While the rest of the world may choose to celebrate the ideal of romantic love on February 14, TCDSB schools will be focusing on the virtue of LOVE as expressed in the gospels. "For God so loved the world, He gave His only son." John 3:16 As we focus on the virtue of love, this month let us remember that love only inspires the practice of all other virtues, it is the form and completion of all the other virtues.

