

## Mother Cabrini Catholic School

720 Renforth Drive  
Toronto, ON M9C 2N9  
416-393-5340  
416-393-5074

Principal: Laura Manini-Della Rossa

Superintendent: Flora Cifelli  
416-222-8282 Ext. 2732

Trustee: Markus de Domenico  
416-512-3402

Parish: Nativity of Our Lord Church  
480 Rathburn Road  
Toronto, M9C 3S8  
416-621-2732

Pastor: Fr. Michael Machacek

CSPC Chair:

CPIC (Parent Engagement)  
[www.tcdsb.org/oa/pce-toronto](http://www.tcdsb.org/oa/pce-toronto)

## NEW REGISTRANTS WELCOME

Apply online: [soar.tcdsb.org](http://soar.tcdsb.org)

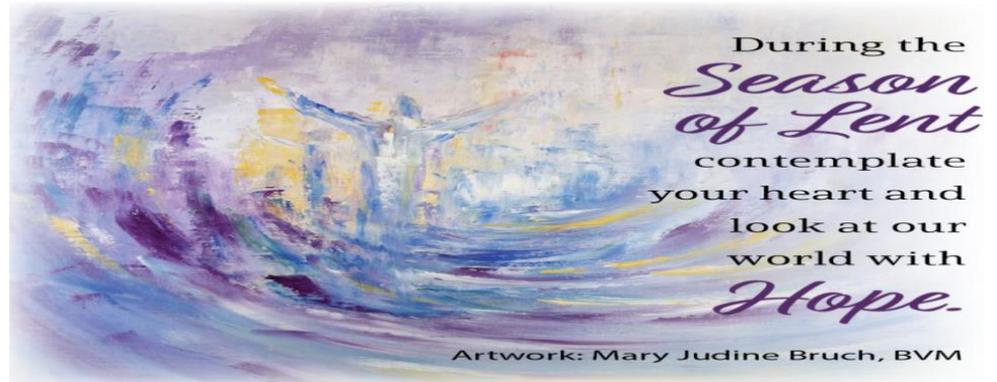
Call the TCDSB Admissions  
Department at 416-222-8282  
ext. 2383.

For general information about the  
Toronto Catholic District School  
Board, please visit the website at  
[www.tcdsb.org](http://www.tcdsb.org)



*The greatest of this is love!*

# February 2021



Artwork: Mary Judine Bruch, BVM

Dear Parent(s)/Guardian(s),

As the month of February is upon us we prepare to begin the Lenten season and are reminded of the virtue of Love. For many of us love is ever evolving and changing as we journey through life alongside of our family and friends. St. Augustine reminds us, however, that love also takes on a physical form, "It has the hands to help others. It has the feet to hasten to the poor and needy. It has eyes to see misery and want. It has the ears to hear the sighs and sorrows of men. That is what love looks like." ~ Augustine, "As we begin this Lenten season let us be mindful of the words of St. Augustine and of God's never ending love for us. May the staff and students of Mother Cabrini continue to be inspired by His love and be the hands and feet to those in need.

Yours in Partnership,

Ms. Manini-Della Rossa

Principal



### TORONTO CATHOLIC DISTRICT SCHOOL BOARD TRUSTEES 2020 - 2021

#### Wards

|                          |              |                                       |              |
|--------------------------|--------------|---------------------------------------|--------------|
| 1. Joseph Martino, Chair | 416-512-3401 | 8. Garry Tanuan                       | 416-512-3408 |
| 2. Markus de Domenico    | 416-512-3402 | 9. Norm Di Pasquale                   | 416-512-3409 |
| 3. Ida Li Preti          | 416-512-3403 | 10. Daniel Di Giorgio                 | 416-512-3410 |
| 4. Teresa Lubinski       | 416-512-3404 | 11. Angela Kennedy                    | 416-512-3411 |
| 5. Maria Rizzo           | 416-512-3405 | 12. Nancy Crawford, Vice-Chair        | 416-512-3412 |
| 6. Frank D'Amico         | 416-512-3406 | Keith Andre Baybayon, Student Trustee | 416-512-3413 |
| 7. Michael Del Grande    | 416-512-3407 | Kathy Nguyen, Student Trustee         | 416-512-3417 |

## Virtue of the Month of February is Love



### Three Year Pastoral Plan 2018-2021

This year we continue to launch our new Three-Year Pastoral Plan 2018-2021, “Rooted in Christ: We Belong, We Believe, We Become”. During the first year of the plan, both the TCDSB and staff and students at Mother Cabrini focused on belonging. As we enter the 2020-2021 school year the staff and students will begin to focus on what we as a Catholic community, “Become”. Throughout the year there will be various opportunities for the students to consolidate their beliefs. As always, we continue to be thankful to our Parish Priest Father Michael for his continued spiritual leadership and assistance in helping us to carry out this plan.

### Lenten Prayer

Loving Father,

I invite you into my life today  
and make myself available to you.  
Help me to become the-best-version-of-myself  
by seeking your will and becoming a living example  
of your love in the world.  
Open my heart to the areas of my life that need to  
change in order for me to carry out the mission  
and experience the joy you have imagined for my life.  
Inspire me to live the Catholic faith  
in ways that are dynamic and engaging.  
Show me how to best get involved in the life of my  
parish.  
Make our community hungry for best practices  
and continuous learning.  
Give me courage when I am afraid,  
hope when I am discouraged,  
and clarity in times of decision.  
Teach me to enjoy uncertainty and lead your Church  
to become all you imagined it would be  
for the people of our times.

Amen.

### Ontario Catholic School Graduate Expectations

*To support our faith development and Catholic Board Learning Cycle, we infuse our Ontario Catholic School Graduate Expectations in all aspects of Catholic Education from Kindergarten to Grade 12. As a school we work to support a deeper understanding of these expectations and of our witness to faith. Together, as a community we work to embed the seven expectations to support the Catholic Education of our students as they journey through our schools through to vocation.*

I Am A Responsible Citizen!

- Accepts accountability for their actions
- Seeks and grants forgiveness
- Respects and affirms the diversity and interdependence of the world’s people and cultures



### Curriculum Corner

#### Try it at Home

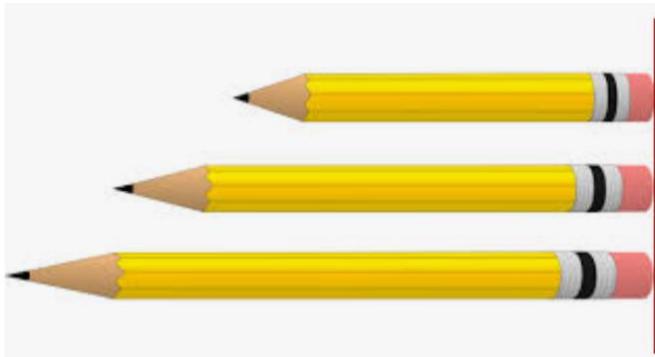
Supporting Your Child's Early Measurement Skills

You can support your young child’s early measurement skills by helping make connections between approximation, comparison, counting, and measurement. Here are some tips.

#### Approximation and Comparison

All children are naturally curious about their environment and are constantly comparing things, even before they have the words to describe what they are comparing. You can help your child by using comparison words like *bigger, smaller, longer, and taller*. For example, *My shoes are bigger than your shoes!*

As your child starts to use comparison words, you can have conversations about what these comparisons mean and expand on them. For example, when your child says that your shoes are bigger than hers, you could expand by talking about the opposite relation—*That’s right! That means your shoes are smaller than mine.*—or by being more specific—*That’s right! My shoes are longer and wider than yours!*



<https://dreme.stanford.edu/news/math-talk-measurement-home>

### Special Services Department News

As part of the TCDSB's goal of Fostering Student Achievement and Well Being, the Special Services department endeavors to support our special education students in achieving academic excellence and meeting the Ontario Catholic Graduate School Expectations. The department offers a variety of supports to students based on their need(s) and/or identification(s). For further information please visit the Special Services department link:

<https://www.tcdsb.org/ProgramsServices/SpecialEducation/Pages/default.aspx>

Parents/caregivers are reminded that if they require support in accessing the Special Services department link, they may ask the school principal for assistance. Alternately, for families who require access to a computer to visit the site, they may access an electronic device through the Toronto Public Library.



### **JUMP TO Activities for: K - Grade 6 | Grades 7 - 12 | Grades 9 - 12 | Staff**

February 1: African Canadian Heritage Liturgy  
Tune in at the link above on February 1st for this special liturgy to launch African Canadian Heritage Month. **Please note the Liturgy will be posted and accessible on February 1st.**

### CSPC 2020-2021

Our next CSPC meeting will be on February 17, 2021 at 6:30 p.m. We look forward to seeing you all then.



### Guidance Corner

#### **Secondary School Registration Update**

#### High School Applications – What's Next?

Please be advised that all High Schools will be sending your **Secondary School Registration Package** soon - we have no official dates so please monitor your email. When you receive the package, please go through it carefully review the instructions provided.

#### **Continued Mental Health Support**

Here are some new resources to help support our on-going concern for your continued mental-health and well-being. Please click the links below to access them:

[TCDSB Tips for Supporting Your Child/Youth During the Covid 19 Outbreak](#)

[School Mental Health Ontario - Noticing Mental Health Concerns for Your Child](#)

[School Mental Health Ontario - Covid 19 Resources for Parents and Families](#)

[7 Simple Activities to Build Self-Esteem in Children](#)

## School Hours for the 2020-2021 School Year

**Start time**-8:30 a.m, **First recess**-10:12-10:27 a.m., **Lunch**-11:15-12:15 p.m., **Second recess**- 1:40-1:55 p.m., **Dismissal** 3:00 p.m.. Morning supervision starts at 8:15 a.m. both in the Kindergarten and main yard. In order to ensure your child/children safety, please do not drop off and leave your child/children at school before 8:15 a.m. since there is no supervision before the 8:15 a.m. A reminder to parents/guardians and day care providers to please pick up students promptly at dismissal time which is 3:00 p.m.

## Food Allergies/Epi-Pens

Mother Cabrini is an allergen aware school. There are pupils and staff in attendance who suffer from severe and life-threatening allergies to certain foods, such as peanut and nut products. Exposure to even the smallest quantities can cause severe life-threatening reactions. Please inform the school/teacher of any allergies your child may have. We also ask that to ensure safety parents/guardians refrain from sending any lunches or snacks that contain peanut/ nut or peanut/nut by-products which could potentially harm a pupil. Please make sure that all your children's caregivers are aware of the food restrictions. **Please do not send food for birthdays or special occasions.** There are many alternatives such as stickers and pencils. If you have any questions, please talk to your child's teacher or the school staff. We look forward to your co-operation in making this a safe year for all our pupils

## School News

We would like to take this opportunity to thank our intermediate student leaders for leading the various classes in activities for our Wellness Wednesday. We would also like to thank Ms. De Braga and Ms. Hlady for organizing the leadership team.

## School and Student Safety

When picking up or dropping of your child/children during school hours, a reminder to please meet them at designated drop-off and pick-up area. If picking up your child for an appointment, please sign out your child in the main office. We remind everyone that safety in the parking lot/street is a collective responsibility of all members of the school community. To maximize student safety, your co-operation is required in avoiding the school parking lot during the peak traffic times: 8:15-8:30a.m., 2:45-3:05 p.m.

Visitors to the school, students, staff and parents safety are of utmost importance. All entrances and exits to the school are locked during the school day. All parents and visitors to the school **must** report to the main office and sign the visitors' binder. For the safety of students and staff, parents and visitors are not permitted in the instructional area of the school.



## Safe Arrival

The purpose of this program is to ensure that your child arrives safely at school. Please sign up the school messenger <https://go.messenger.com> or call the school at (416) 393-5340 and press 1 to report an absence or a late. Please state your child's name, grade, teacher and reason for the absence or late. If your child arrives after the morning bell, they are asked to go to the office to pick up a late slip. Please assist us in ensuring that students arrive to school on time.

## Dress Code

The appropriate Dress Code for Mother Cabrini consists of any combination of white and navy blue garments. For example, plain white top, navy blue bottom or navy blue top and bottom, no denim). The navy blue does not include a lighter shade blue. Students are permitted to wear shirts with or without collar. No logos are allowed on clothing unless logos are tone on tone-same colour). Pants, shorts, skirts, tunics, skirts and track pants are not part of Mother Cabrini's appropriate dress code.

## Kiss and Ride Program-Student Drop off and Pick Up

The Kiss and Ride entrances and exits are marked with quite visible lanes. The Kiss and Ride program works as follows:

### Before School

All vehicles and school busses enter one way through lane 1 only. Cars move up as close to exit as possible for student drop off. Cars stop and students exit on curb side. With our Kiss and Ride program, no vehicles are to park for student drop off. Kindergarten children will be escorted from their vehicle to the kindergarten yard by a staff member. If you choose to park and walk your children in, there are adjacent streets near the school where you can park without hindering with the safe and smooth flow of traffic in the Kiss and Ride. **Please ensure for the safety of all, that your car is not left idling, and has been turned off when you leave the vehicle.**

### After School

Lanes 2 and 3 will be used for student pick up at 3:00pm. Parents are asked to wait in your vehicles for your child/children to be dismissed from school. You are asked not to leave your vehicles cars. After students are loaded cars exit to enable flow of traffic out. Lane 3 is left clear for bus loading and emergency exit (no student pick up in lane 3).

Any Parents choosing to park and get out of their vehicles are asked to do so after 3:10pm. **Please ensure for the safety of all, that your car is not left idling, and has been**

**turned off when you leave the vehicle.** From 3:00-3:10pm cars are ready to pick up students and move through the kiss and ride promptly without stopping the flow of traffic out. No drop off or pick up of students in the school parking lot. Traffic in this area puts students at risk that are walking in front of the parking lot entering and exiting the school yard. Our safety patrollers to assist with the safety of students walking in front of the parking lot.

Parking in the school parking lot is used for parents and visitors to the main office/school and for staff parking.

To minimize the traffic congestion after school, we are encouraging families that live close to the school to walk to the school for child pick-up. We also encourage older students to walk home with a buddy. This promotes independence and prepares them for high school.

A gentle reminder for the safety of all students, parents of students from SK/Gr. 1 to Gr. 8 are not permitted past the open gate, on the steps and on the playground (asphalt) when you drop of or pick up your child/children. Please wait for your child/children along the fence. A reminder that the school parking lot is reserve only for staff.

Both staff and parents have worked very hard over the years to implement this safety protocol. I ask for your continued cooperation in following the above safety protocols so that all students, staff and parents will be safe at school.



### Safety During Lunch Hour

In keeping with the lunch protocol, we are asking parents to please send your child to school with their lunch every day until the last day of school to ensure their safety during the lunch hour. This safety protocol continues to be enforced as in the past students would leave the safety of the school and go to the community plaza to have lunch. This presents an ongoing safety concern as students are not supervised at the plaza. We thank you for your continued support in proactively trying to ensure student safety.

### Kindergarten Registration for Mother Cabrini for September 2021

The Toronto Catholic District School Board invites families with children born in 2017 to begin the registration process for September of 2021. Visit [www.tcdsb.org](http://www.tcdsb.org) for details. Apply online at: <https://soar.tcdsb.org> A follow up with visit to the school to present the required documents will be scheduled following the online application. Information: 416-222-8282 ext. 5320 or 5314, [www.tcdsb.org/kindergarten-registration](http://www.tcdsb.org/kindergarten-registration) Once you have registered on-line and have made an

appointment please bring the following documents to Mother Cabrini: Baptismal Certificate (Roman Catholic Church) Birth Certificate , Immigration Papers (if not born in Canada) Immunization Records, Proof of Address . For further inquiries, please telephone the school at 416-393-5379 and speak with our secretary. Due to COVID-19 restrictions, all documents are to be uploaded on SOAR online registration.



### Toronto Public Health



If you received a letter from Toronto Public Health, please update your child's immunization record with us using one of the following options:

- Phone: 416-392-1250
- [Online reporting](#)
- Fax: 416-338-2487

If your child does not have all the needed vaccines, please contact your health care provider.

416.338.7600 [toronto.ca/health](http://toronto.ca/health) |  TORONTO Public Health



# Monthly Update from the Board

February 2021

## IMPORTANT INFORMATION

### **African Canadian Heritage Month Events and Workshops**

TCDSB launches ACHM with a Prayer Service February 1<sup>st</sup> - followed by a month of workshops, events, and activities for students, staff and families. Visit the ACHM Events page for detailed information:

<https://www.tcdsb.org/FORCOMMUNITY/HeritageCelebration/AfricanCanadianHeritage/events/2020-2021/Pages/default.aspx>

### **Energy Awareness Month Kits & Activities: 4 Days - 4 Themes - One Month**

Improve your Energy Awareness this month with TCDSB Energy Awareness Kits (tailored to age groups), and join us each Friday for our awareness activities in support of energy conservation:

<https://www.tcdsb.org/Board/environment/energymonth/Pages/default.aspx>

### **Kindergarten Registration 2021**

Registration is now open online at [soar.tcdsb.org](http://soar.tcdsb.org). Children born in 2017 are eligible to attend Kindergarten. For detailed information on eligibility and required documentation:

<https://www.tcdsb.org/ProgramsServices/EarlyYears/Kindergarten/KindergartenRegistration/Pages/KindergartenRegistration.aspx>

### **Return to School Update**

The Government of Ontario has announced that all publicly funded schools in Toronto will **return to in-person instruction Feb. 11**, following the end of the current emergency order at midnight on Feb. 10.

### **Update for Families: In-Person and Virtual Transfers**

We remain committed to offering families an opportunity to choose their child's preferred learning model and also recognize that classroom stability is important to student learning and development.

<https://www.tcdsb.org/FORSTUDENTS/back-to-school/Documents/tcdsb-communication-to-families-dec-2020.pdf>

### **COVID-19 Resources and Information**

For updates and information relating to COVID-19, please see

- **Frequently Asked Questions:** <https://www.tcdsb.org/forstudents/back-to-school/pages/faq.aspx>
- **Resources:** <https://www.tcdsb.org/FORSTUDENTS/back-to-school/Pages/resources.aspx>
- **Latest Updates:** <https://www.tcdsb.org/FORSTUDENTS/back-to-school/Pages/latest-updates.aspx>

For information specifically about the virtual school (St. Anne Catholic Academy) please refer to

<https://www.tcdsb.org/FORSTUDENTS/back-to-school/Pages/virtual-school.aspx>

## PARENT OPPORTUNITIES & INFORMATION

[Transition to High School Guidelines](#)

### **Mental Health Resources**

- CMHO: [Your Child's Mental Wellness and Remote Learning](#)
- City of Toronto: [COVID-19: Mental Health Resources: It's OK not to feel OK](#)
- Ontario: [Mental health services for children and youth](#)

## Reminder: School Year Calendar for 2020-21 including PA Days

<https://www.tcdsb.org/Calendar/PAandExamDays/Documents/tcdsb-school-year-calendar-2020-2021.pdf>

## Sign Up for School Messenger for Absence Reporting and More

The student absence reporting system is also used to send critical and urgent messages from your school, and from the school Board. For more information <https://go.schoolmessenger.com>.

## Get Updates on School Bus Service

<https://busplannerweb.torontoschoolbus.org/Cancellations.aspx>

## STUDENT OPPORTUNITIES & INFORMATION

### Anti-Racism Video Contest: Voices of Challenge and Change

Students in grades 7 to 12 are invited to get creative and submit their video reflections about race. Group or Individual submissions accepted. Prizes will be awarded for the top three videos.

**Deadline: March 5, 2021 at 5 p.m.**

<https://www.tcdsb.org/FORCOMMUNITY/HeritageCelebration/AfricanCanadianHeritage/Pages/Anti-Racism-Video-Competition.aspx>

### B'Nai Brith: Diverse Minds Creative Writing Competition

Students in Grades 9-12 are invited to reflect on the values of diversity and inclusion by writing and illustrating a story for elementary school students. **Deadline: April 9, 2021.**

<https://www.bnaibrith.ca/diverseminds/>

### Need someone to talk to?

- **Kids Help Phone** is there for you with 24/7 confidential support. Counsellors can be reached by phone at 1-800-668-6868 or by texting CONNECT to 686868. <https://kidshelpphone.ca>
- **LGBT YouthLine** offers confidential and non-judgemental LGBTQ+ peer support through telephone, text and chat services. <https://www.youthline.ca>

## EVENTS AND OBSERVANCES

**February is:**

[African Canadian Heritage Month](#)

## [Energy Conservation Month](#) [Psychology Month](#)

Virtue of the Month: [Love](#)

SchoolCashOnline  
KEV GROUP

Fast. Safe. Convenient.

## Welcome to School Cash Online

**What is School Cash Online?**  
School Cash Online is an online parent portal that offers a safe, fast and convenient way to pay for school activity fees. The portal is customized to meet your school's needs and allows you as a parent, to add your students, make payments, check current balance/account history, print or view receipts, and receive notifications about upcoming events.

**Which Payment Methods are Accepted?**

- Credit Card**  
Pay with Visa or MasterCard on School Cash Online by entering your credit card number, CV number (the three digits on the back of your card), card expiry date, and billing information.
- eCheck**  
An electronic version of a paper check used to make payments online. Anyone with a checking or savings account can pay by eCheck through School Cash Online.
- myWallet**  
An online wallet that can be loaded to hold funds and pay for your child's fees on School Cash Online. myWallet also allows you to allocate funds to pay for school fees at a later date, as you would with a gift card.

**Why Use School Cash Online?**  
With School Cash Online, you can pay all your student's school fees with the click of a button. Whenever. Wherever. Trips to the school to drop-off cash or sending your student with money will be a thing of the past. School Cash Online also enables you to keep track of your student's school items and activities.

**Purchase these items and more online.**

**How to Register**  
Follow these instructions to create your School Cash Online account today.

- 1 Create Your Profile:**  
Go to <https://xxxxxxxxx.schoolcashonline.com> and click on "Get Started Today".
- 2 Confirm Your Email:**  
Check your inbox for the email confirmation and click on the link inside. Sign in with your new login details.

Stay connected by selected "Yes" to email notifications about upcoming fees.  
 I want to receive email notifications for new fees assigned to my student and updates on school-related activities.

- 3 Add a Student**  
Click "Add Student" and fill in the required fields with your child's details.

For more information contact Parent Helpdesk at  
[parenthelp@schoolcashonline.com](mailto:parenthelp@schoolcashonline.com) or 1.866.961.1803 © 1996 - 2016 KEV Group