

GUIDANCE



June 22-25
Topic: Fun & Laughter

Having fun and finding ways to laugh helps us to build resilience, self-esteem, and critical thinking skills. It's also good for our health and self-esteem!

Gr. K-3

[Summer's Here! - Primary](#)

**FUN & TASTY
POPSICLE RECIPES
FOR EVERY GRADE!**

Gr. 4-6

[Summer's Here! - Junior](#)

Please begin by clicking the links to try some or all of the activities below:

Watch this video to learn about why it is important to laugh: [Why Do We Laugh?](#)

Read along with this funny story and have a laugh: [I Broke My Trunk Read Aloud](#)

Laughing is contagious. How long can you last without laughing while watching this video?: [Funny Babies Laughing Compilation](#)

Make other people laugh. Tell a joke. If you can ask your parents to record yourself telling a joke, share it on social media. #TCDSBShareTheLaughter: [Elmo's #ShareTheLaughter Challenge](#)

Please begin by clicking the links to try some or all of the activities below:

Watch this video to learn about why we laugh:

[Science for Kids: Why Do We Laugh](#)

After watching the video to this read aloud, read this book to someone else mute the sound on your device and create your own sounds:

[The Book with No Pictures](#)

Here are some fun games that you can play to make each other laugh:

[Improv Games for kids](#) and [More Improv Games for Kids with Video](#)

Click on this link for some fun things that you can create. Have your parents supervise you before starting any activity: [15 Fun DIY Projects](#)

Gr. 7-8

[Summer's Here! Intermediate](#)

[Elementary Guidance](#)
[Counsellors Graduation Video](#)

[2020 TCDSB Summer Virtual Community Involvement Booklet](#)

Please begin by clicking the links to try some or all of the activities below:

Watch these two videos to learn about why it's beneficial for us to laugh:

[How Laughing Affects Our Health](#)

[Ellen - Laughter is Good for Your Brain](#)

The "Try-Not-to-Laugh Challenge". Watch this pet compilation and see how long you can last without laughing:

[Funny Cat and Dog Vines](#)

Click on this link for some fun, @home activities. Have your parents supervise you before starting any activity:

[51 Fun Things to Do at Home](#)