



Learning with Hearts, Hands and Minds - Growing in Harmony

October 9<sup>th</sup>, 2014

Dear Parents/Guardians:

At this time of the year, we begin to see an increase in cold and flu-like symptoms among our students and staff. This year, you may be hearing about the appearance of a new respiratory virus called Enterovirus D68. We will be keeping our parent community informed with updates from our health care professionals.

The health and well-being of our students is always a priority at St. Cecilia Catholic School. This is a good time for us to review some basic measures to prevent the spread of viruses with our students, and for you to review these practices at home with your children as well. These include some common sense tips such as refraining from sharing food and drink, washing hands frequently with soap and water and coughing into one's sleeve.

As always, if your child is unwell, we would ask for you to keep your child at home and inform the school office, and to contact your local doctor as needed.

By following these basic practices we can help to protect some of the more vulnerable members of our school community.

Your co-operation is appreciated.

Sincerely,

L. Mazza  
Principal

Copies: Superintendent  
Trustee